

I Am Who You Say I Am: Finding Your Identity in Christ

If you had an abusive childhood, you can probably still hear your father's or mother's words ringing in your mind—"You're worthless. You'll never amount to anything. I wish you were never born. You're nothing but trouble."

Since they were your parents and adults, you figured they must have been right. The constant insults and put-downs became your identity. After all, how could a bad child ever become a good adult?

Then as you got older, you got a job, got married and had kids. But you always felt unable to be successful as an employee, husband or father. Or anything else.

You were fulfilling the words you had constantly heard. In your mind, you really had amounted to nothing. You thought you had become exactly what they said you would become.