

5 Things They Don't Tell You Before You Start Watching Porn

It all seemed so simple the first time you flipped through the pages of a porn magazine or clicked a link on the internet to see a video. You thought, "This can't be a bad thing. I'll only look for a few minutes."

But then a few minutes turned into an hour, then an afternoon, and then a whole day. Then another day. Before long, you were hooked. Porn became a consuming desire that was almost always on your mind.