

4 Tips to Being a Better Husband in 2019

Every married man wants to be a good husband. And every single man hopes to be a husband his future wife can be proud of.

But men who struggle with pornography frequently feel that the shame and the guilt they experience keep them from being the kind of husband they long to be. The large amount of time they spend viewing pornography in isolation creates a widening emotional, trust and honesty gap between the couple.