

Do You Hold Unforgiveness? Here's How To Forgive Yourself And Others

Mistakes from our past and hurts from other people can leave us in a place of bondage.

When we fall into sin, we experience self-condemnation, regret and shame. It prevents us from moving forward in our destiny. Guilt tends to consume our thoughts and halts any progress we might make.

Forgiving ourselves can be one of the hardest things to do. Until we find our way, we keep our mind and heart shackled and chained to a past from which Jesus has already forgiven us.

Forgiving others is acknowledging that what Jesus did on the cross was more than enough. It is receiving and releasing the reconciliation He purchased.

I want you to experience forgiveness today. First, listen to this short video above with two of my best forgiveness deliverance tips. Then, I want to encourage you to take another step of faith to gain your freedom by registering for my free e-course called "Forgiveness." [CLICK HERE](#) to enroll free!

All of God's children deserve His best. Please share this video and course with a friend or loved one so they can start their journey to freedom! 

Kathy DeGraw is a prophetic spiritual warfare and deliverance minister. She is host of the Prophetic Spiritual Warfare podcast and author of Unshackled and Discerning and Destroying the Works of Satan. She has several e-courses at , where she empowers people and sets the captives free. Connect with Kathy

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