

Why Facing Your Fears Is a Spiritual Warfare Tactic

Everything that happens in the spirit affects the natural. The spiritual realm is more real than the physical world we live in. Knowing the physical will fade away, the eternal spiritual condition actually affects the natural.

How many of us have ever felt fear, anxiety or worry, or something similar? If you believe you are what you feel, you've already lost the battle. This episode of the *Bethel Austin* podcast on the Charisma Podcast Network, will show how there is an entire generation of people starting to believe they are what they feel, and it's not the truth.

2 Timothy 1:7 says, "For God has not given us the spirit of fear, but of power, and love, and self-control."

Encountering the Lord may not transform you, but when you believe what you read, you are transformed. When you believe what God spoke to you with an encounter, then you're transformed by what you believe. This is how transformation happens.

Did you know if you have negative thoughts about yourself, like accusational thoughts, you're actually partnering with the devil? The devil stands before God, and he accuses the brethren day and night. When you partner with something like that against yourself, you're actually partnering with the devil. Did you know all of God's thoughts about you are good? When He looks at you, He sees Jesus because you are redeemed by Him. The Lord values all humankind.

Listen to Ben Wait, young adults pastor of Bethel Austin, as he discusses how to eliminate fear over your life on this episode of the *Bethel Austin* podcast. {eoa}