

Spiritual Warfare Secrets: Katie Souza's Keys to Healing and Breakthrough

Is true healing and breakthrough possible?

In a compelling interview with Charisma Media, Katie Souza shared powerful revelations on how breaking free from idolatry and healing soul trauma can unlock miracles of healing, deliverance and transformation.

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Souza began by addressing the hidden roots behind many physical and spiritual afflictions: "Idols cannot see, they cannot hear, they cannot walk, and they cannot talk... so they're going to make you not be able to see in the spirit, hear in the spirit, speak the prophetic word... but they're also going to affect your natural—your eyes in the natural, your ears in the natural... your skeletal system."

She explained how physical issues like tumors or food disorders often trace back to idolatry, and how the renunciation of these idols have healed people from their varying issues. "I've literally had them renounce idolatry and I'll wave my hand across their arm or their chest and the tumors disappear," Souza said.

Food addiction is another form of modern idolatry, she explained: "That's usually because they've been wounded in their soul... they're going to run to idolatry to comfort the

pain... What was one of the biggest practices in the Old Testament? Bring food sacrifices to your idol."

Souza emphasized that trauma is the doorway to many of these strongholds. "People make bad choices once they're wounded by trauma," she said.

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One testimony Souza shared during the interview stood out with how the power of God can change anything: a man with metal rods in his spine was dramatically healed during prayer. "His biggest trauma is not the accident... it's because the only person that ever loved him... was his grandmother, and she's died." After addressing the trauma and renouncing idolatry, "he's doing this—he couldn't bend before... he's now bending and turning and he's walking and he puts down the cane... the pain goes away."