

Replace the Enemy's Lies With God's Truth

Do you struggle with worry, bad habits, negativity and confusion? Does breakthrough seem impossible? Remember, with God nothing is impossible. Isaiah 41:10 (NLT) tells us not to be afraid: "Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand."

Kelly Balarie is a lover of Jesus, a girl saved by His grace and a testimony of His miracles. She wrote "Take Every Thought Captive: Exchange Lies of the Enemy for the Mind of Christ" to teach believers how to recognize the lies of the enemy and replace them with the truth of God.

Feelings of being worried, overwhelmed or fearful can drive thoughts that affect your day-to-day life. But when you take your thoughts captive before you allow yourself to feel those feelings, you can walk in the truth.

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Balarie advises people to take their thoughts captive from the first moment of their morning and say, "Jesus is Lord, and He is the maker of every good thing in my life. He is Creator, and I am His created. I walk not by power or might but by the Spirit of the Living God. God, I walk full of all the grace that You have for me today."

She explains, "taking thoughts captive is taking the authority that Jesus has given us in our lives and executing it, putting it into action and putting it into faith."

If you've been going through the motions, and life has been tough, you need to wake every day with a fresh start, giving

God all the glory first. Then He will come into your day and change your live and your outlook. The feelings of being overwhelmed with negativity and confusion will be dwarfed by the Word of God's truth.

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Even if you're on board and with God in the morning, by the afternoon you can turn into a hot mess. What should you do when things get tough? You must store God's Word in your mind and heart. You can make a shift in your thoughts, knowing you can walk in the power of God with a sound mind.

Condemnation and shame are tools of the enemy, but the life-giving power of the Spirit can free you from the power of sin that leads to death. No one has it all together all the time. Fight the good fight and remember that as a believer, you are no longer walking under the power of sin that leads to death. You are walking by the power of the Holy Spirit that leads you to life and peace. When believers declare that truth, they make the shift from being down, depressed, devastated and uncertain about the future to being full of His life, His peace, His purpose, His passion, His power and His presence.

Harness the Word of God and take your day in a new direction!

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Marilyn Hickey founded Marilyn Hickey Ministries more than 45 years ago with God's vision to cover the earth with the Word. Marilyn co-hosts a daily television program, "Today with Marilyn & Sarah," reaching a potential viewing audience of over 2 billion households worldwide. Marilyn communicates deep biblical truths in a way that is understandable and practical for everyday life.

Sarah Bowling is on a mission to connect everyone with the heart of God while loving those who are overlooked, excluded and ignored. Led by Holy Spirit and anchored in the Word, Sarah seeks to inspire all to know the unconditional and transformational love of God in our daily lives. A Bible teacher, author, international speaker and global humanitarian, Sarah also co-hosts a daily television program, "Today with Marilyn & Sarah."