

Prophetic Deliverance Minister: How to Conquer Lying Spirits Sent to Torment You

During these days of the coronavirus pandemic, many of us are struggling with fear. As believers, how do we deal with it? And how do we come out on the side of victory?

Prophetic spiritual warfare and deliverance minister Kathy DeGraw offers spiritual solutions for fear and other battles on a recent episode of the *Prophetic Spiritual Warfare* podcast on the Charisma Podcast Network. It begins, she says, “with taking every thought captive and making it obey Christ. That’s what we have to do ... We need to recognize and acknowledge it as a lie.”

Her own daughter, she says, had to deal with a lie of rejection while serving on her church’s worship team. “She was the last member on this particular worship team, and so they had already bonded and were hanging out as friends, and she wouldn’t get invited to certain things, and it would start making her feel rejected. ... She knew she had to conquer it, and she knew it was a lie.

“So I remember her sitting in my chair one day and just saying, ‘Mom, you know, I have to just acknowledge this is a lie that the enemy is trying to make me feel rejected. He’s trying to make me think these thoughts,’” DeGraw says. “And really for her, that was the key to winning her battle—when she could recognize this is a lie.”

The way we conquer spiritual battles, DeGraw says, is “by recognizing a lot of the thoughts that we hear in our mind are lies. The enemy is just coming in and attacking us, and when

we say, 'That's not a truth; that doesn't line up to God's Word; that's not what the Bible says about me; that's not going to be the outcome that I'm going to have; this is a lying spirit sent to torment me.

"You see, it's not just a lie. It's a lying spirit ... [Then] we can remove the lie and walk in freedom."

To learn more from Kathy DeGraw on dealing with fear and lying spirits sent to torment, listen to the entire podcast [here](#).