

How to Rewire Your Mind to Defeat Fear, Insecurity and Depression

We all know the brain is a complex organ. Scientists continue to discover new intricacies of its design.

One of those discoveries includes why we often struggle so much with negative emotions like fear, insecurity and depression.

It actually has to do with the devil's distortion of how God designed the mind.

Of course, God is not surprised. His design also includes a way to undo all the devil's reprogramming.

Watch as Kyle Winkler reveals how to use God's design of your mind to rewire it for victory. {eoa}

Kyle Winkler () is the creator of the popular Shut Up, Devil! mobile app. His latest book is Activating the Power of God's Word: 16 Strategic Declarations to Transform Your Life. Kyle holds a Master of Divinity in biblical studies from Regent University. Connect with him on Facebook, Twitter and Instagram.