

As Faith Leaders Fall Away, Expert Exposes Satan's Accelerating Attacks Against Ministries

With kingdom leaders like Josh Harris and Marty Sampson either walking away from or questioning their Christian faith in recent weeks, master's-level practitioner Tracy Daniels warns others that the enemy is accelerating his attack on their ministry through their mental health.

Depression, anxiety and what Daniels calls "pastoral PTSD" have become all too common for kingdom leaders. But they can fight back.

"I just want to encourage people in this situation, with all of the shootings that are happening and the attack on mental health, that God is still in control," Daniels told Dr. Steve Greene on a recent episode of "Greenelines" on the Charisma Podcast Network. "We all know that it's a major spiritual battle. We've just got to begin to really tap into the things of God and allow God to guide some of us leaders. Some try to do it on their own.

"My advice to them is, don't hold it in. Try to pray it out. Pastors, please seek professional help with a Christian counselor and follow up with your doctor. Some things we think that fall into line medically are actually about your mental health. So, please seek help, whether it's with a doctor or with a counselor.

"We have to begin to identify the conflict we have and learn how to negotiate it constantly. We really have to begin to learn how to stay out of situations where we're blaming other people for the way we are and understand the conflict that is

going on within us.”

For more on how you can fight to preserve your mental health, listen to the podcasts.