

# Your Breakthrough from Worry Is Coming

Are you feeling weary and wonder if your troubles will ever end? Do you worry that you'll never be healed? Today can be your breakthrough day to overcome the stress, worry and anxiety that consumes your life. Marilyn Hickey has overcome these strongholds to be free from their destruction, and she believes you can, too.

When sin came into the world, part of the curse was sweat and stress. Genesis 3:19 says, "By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return." But Jesus came and took the curses so you don't need to carry stress, worry, and anxiety. In John 19:30, Jesus said, "It is finished." The curse was finished, so we can have His rest.

God wants us to rest and be refreshed in Him. In Genesis 2:3 the Bible tells us that on the seventh day when creation was finished, man's first full day on the earth with God was a rest day. And in Matthew 11:28, Jesus says "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."

Do you wake in the night and worry? In 1 Peter 5:7 we're told to cast all our care upon Him because He cares for you. Marilyn believes you should set aside time to look to God, rest in God, and expect the miraculous. Isaiah 11:10 tells us that His resting place shall be glorious. There is a place where we have to turn our worries over to God and rest in Him. God didn't say to chew our nails or have a nervous breakdown, He said that rest in faith is glorious.

The devil is restless. He wanders around looking for who he can attack. When we get restless and uptight, we're getting

into the devil's territory. God doesn't want us there. He wants us full of miraculous faith. The devil wants us restless because if we are, we're not focusing on faith. The devil goes about like a roaring lion, but you what? He isn't even a lion, he's a pretender.

You have the Word of God to anchor you and bring you through to victory by walking in faith. Remember, faith can move mountains.

**Marilyn Hickey** founded Marilyn Hickey Ministries more than 45 years ago with God's vision to cover the earth with the Word. Marilyn co-hosts a daily television program, *Today with Marilyn & Sarah*, reaching a potential viewing audience of over 2 billion households worldwide. Marilyn communicates deep biblical truths in a way that is understandable and practical for everyday life. Visit .

**Sarah Bowling** is on a mission to connect every one with the heart of God while loving those who are overlooked, excluded, and ignored. Led by Holy Spirit and anchored in the Word, Sarah seeks to inspire all to know the unconditional and transformational love of God in our daily lives. A Bible teacher, author, international speaker, and a global humanitarian, Sarah also co-hosts a daily television program, *Today with Marilyn & Sarah*