

You Can Start Again

✖ There is hope in the middle of darkness. Usually in the midst of our dark times in life, we find ourselves filled with trauma and loss. These elements hide in our very cells. Trauma is like a snapshot from a camera. The picture of the trauma is stored deep in our brains, but the Holy Spirit wants to move in such a way that we are sovereignly delivered. He wants to give us a new perspective on life and the world around us.

When we do not deal with trauma effectively, we allow roots to grow that entangle our feet and keep us from moving forward on our new path of success. Trauma imprinted on our memory systems is also absorbed deep into the tissues of our brain (the processor) and affects our thoughts and our hearts. Trauma becomes the *flashbulb* that determines what we see and how we define the world around us.

When not processed correctly, trauma will shape your world from the point of view of the incident. Trauma can produce *lock-ins* of fear, failure complexities, emotional distress, and anxiety, and it can even cause your organs (spleen, kidneys, pancreas) to overwork. Oh my! We may be going through a lot, but there is a way for us to overcome, to reverse the power of our dark hour, and to advance into the very best that still lies ahead.

An *over comer* moves past defeats, past traumas, wounding, mistakes and failures to gain new strength and venture into the next season with hope. In the midst of darkness there is light.

My favorite saying in life is “But God!” Your present circumstances are developing a mentality of victory within you. No matter what situation you find intruding in your life, you can shout, “But God! He is the light in my darkness!” Dark

hours lie ahead, but an over comer's anointing will break through and give you victory.

One way God develops the overcoming anointing in us is by moving us past our last failure or even our last victory, and by enabling us to continue to run the race ahead. Some dark hours are not only in our future but many dark moments may also lie in our past. In other words, there were certain times that we just botched it, made a mess of things, or royally wasted our opportunity for victory or favor. We had an opportunity, we missed the opportunity, and the time of prosperity slipped past us.

We listened to a wrong voice and chose a wrong path. Our desire went awry, and we had a relationship that was never meant to be. We heard God, we pursued His voice, but we somehow got tangled in the cares of the world and lost sight of the way. We started the race, got tired and dropped out. The most difficult situation in our lives occurs when we know the will of God one day but somehow make a mistake and cannot find our way on the next day. The great thing for us to know is this: There will come another day!

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There is always a way back. You might have to scale a mountain or swim a river, but there is a way back or into the next phase of your life. You can survive and find the right road again. I have counseled many who have gone through terrible divorces, bankruptcies, losses of business and homes, diseases and depressions, and they have always been able to hear the Lord say, "This is your way into the new place!" Sometimes the second time around is the best!

We know that "all things work together" for our good—even our mistakes, so we can rest assured that God can, and does, use our failures to teach and direct us when we humble ourselves and seek His face.



Adapted from *Redeeming the Time* by Chuck D. Pierce, copyright 2009, published by Charisma House. This book will give you a new understanding of time and God's redemptive plan for you—whether past, present or future. It will help you recognize God's timing in your life and reap the rewards of a life in step with God. To order a copy click on this link