

Why the Cure for Your Loneliness Isn't as Impossible as You Think

Loneliness and isolation are critical problems in America and abroad. England has appointed a “minister for loneliness.” Mental health experts show that heart problems, dementia, suicide and depression result from increasing loneliness.

Spend six minutes with Larry Tomczak as he diagnoses the problem and presents you with a solution so you can enjoy an abundant life and long-lasting friendships. Watch the video in this article.