

Why Emotions Are Good for God's Kingdom, Until We Abuse Them

Are you taking care of your mental health by keeping your emotions in check? In a rarely heard sermon about the emotions of a Bible character—namely, Samson—Pastor Steven Furtick says emotions are important, but we have to learn how to use them correctly.

“Isn’t it crazy, though, the same emotions that can make me a good preacher can make me a crazy driver?” Furtick says. “Because I could get just as loud behind the wheel as I can behind the mic. It’s what you do with them, and I believe God gave Samson ... the emotional passion to [deliver the Philistines], but Samson took his passion and spent it on his preference instead of applying it to his purpose [see Judges 16].”

To watch the entire sermon on learning how to be emotionally stable in Christ, [click here](#).