

WATCH: Rebuilding the Walls in 2016

Nehemiah was weighed down by the breaking down of the walls of his beloved city of Jerusalem and how those who remained there were living in shame and reproach. It brought about a sadness on his face and his countenance.

But Nehemiah realized that the “joy of the Lord is our strength,” and that restoration of God’s joy can come through rebuilding.

You may be able to draw parallels between yourself and Nehemiah. As Eddie Hyatt says in the video below, “It’s OK to be in a place of mourning as long as you don’t wallow in it and say there. Turn your eyes to Jesus and motivate yourself to do something about your situation.”

Prayer can take you to the place of joy you seek.{eoa}