

Transform Curses Into Blessings

Marilyn Hickey got together with her daughter and granddaughter, Sarah Bowling and Isabell Bowling, to discuss healing wounds of the past, transforming curses into blessings and turning defeat into victory.

Marilyn's book, "Breaking Generational Curses," explains that a key component to breaking generational curses is the truth that you don't have to be under a curse. With Jesus, we have the power of being under that blessing. In Hebrews 6:14 (NKJV), the Bible tells us, "Surely blessing I will bless you, and multiplying I will multiply you."

"There are promises that go with the blessing, and we need to speak them," Marilyn says. She encourages everyone to start their day with a blessing and watch what God does all day.

Isabell elaborated, "That's important because if you receive that blessing for yourself, you are breaking that curse for your children and your grandchildren. But you have to receive it for yourself first."



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In the Bible, we see David's big weakness is women. He didn't deal with his sin. He wasn't up front about it until a prophet confronted him to bring him into repentance. "Because he didn't deal with that issue, it was an issue for his sons." Isabell says. "But on the other side, we see blessings as well. We can inherit curse or we can inherit blessings." For

instance, Timothy, Abraham, Isaac and Jacob all received generational blessings/covenants.

In the Bible, a generational blessing is seen with David. "If you study Bible characters, you'll see how the blessings go as well as how the curses go," Marilyn says. You don't have to be under a curse because you are living under a blessing, she explains. "I speak blessings over my day, and it's wonderful."

Isabell has been the recipient of generational blessing. "Speaking your confessions over yourself is something that Mimi started and you [Sarah] continued, and that's something that I do." As a child, driving to school every day, Isabell recalls that Sarah would recite confessions and blessings over Isabell and her brothers. "That's powerful—getting into the habit of holiness and inviting the Holy Spirit into your everyday life. That is a blessing you can give to all generations." Isabell says.

When she was a young Christian, Marilyn's father had felt inferior. She used to start her day saying, "I can't be under a curse, I am under a blessing." When Marilyn's son was in his early teens, he told her, "You think I can't do anything. And because you think it, I think it."

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"That was very frightening to me," Marilyn recounts. "I thought, what am I putting into my children and grandchildren? I'm putting a curse on my own children. So I began to speak promises on a daily basis, and I made my son speak them as well. We'd say verses like, 'I can do all things through Jesus Christ.' If you were to ask him today, I think he could recite those promises."

Isabell sees the connection between her great-grandfather's inferiority and her uncle's attitude. "Mimi, you were very

quick to cut that curse off once you saw it," she says. "You cut off the root of that curse and replaced it with Bible truths."

You need to consider what God says. At one time, there was a point when Marilyn felt she had a weak heart because her grandfather had heart issues. Her father had mental illness, and Marilyn was struggling. But you can overcome those curses. "God helped me by having me speak what He said about me." Marilyn says. "I began speaking Scripture, 'I can do all things' and 'I'm more than a conqueror. I began speaking things that were not as though they were, and that changed my life."

Sometimes we believe because previous generations had issues and problems, we will have them as well. But God is your heavenly Father, and you're made in the image of your heavenly Father. God, as your heavenly Father, replaces the deception and distortion that might have been passed on to you from previous generations. You too can turn a curse into a blessing.

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Marilyn Hickey founded Marilyn Hickey Ministries more than 45 years ago with God's vision to cover the earth with the Word. Marilyn co-hosts a daily television program, "Today with Marilyn & Sarah," reaching a potential viewing audience of over 2 billion households worldwide. Marilyn communicates deep biblical truths in a way that is understandable and practical for everyday life.

Sarah Bowling is on a mission to connect everyone with the heart of God while loving those who are overlooked, excluded and ignored. Led by Holy Spirit and anchored in the Word, Sarah seeks to inspire all to know the unconditional and transformational love of God in our daily lives. A Bible

teacher, author, international speaker and global humanitarian, Sarah also co-hosts a daily television program, "Today with Marilyn & Sarah."

Isabell Bowling's passion is to help people have a transformative experience with the power of God. She brings a fresh anointing of the presence and fire of God wherever she goes. Her faith and ministry was shaped by observation and prayer, watching the Lord work in and through her grandmother, Marilyn Hickey, and her mom, Sarah Bowling. After graduating from Oral Roberts University in 2023, Isabell joined the Marilyn & Sarah Ministries team, where she stepped into a powerful teaching ministry with her family.