

This Personality System Identifies Your Secret Sin—and It's Scarily Accurate

Ian Cron is one of the biggest proponents of the Enneagram, a personality system that divides people into nine types based on their underlying core desire. But Cron says the system, which has Christian roots, can also be used to highlight each type's core sin. He believes the vast majority of sins each person commits are variants on a similar root sin: "Let's be honest—there's one that always trips us up." In this short video, he briefly explains each type and its secret sin.