

The Psalm of Rest

To be a follower of Christ is to enjoy the blessings of His fellowship, His protection and His provision. For it is His duty to preserve the lives of those in His care.

As in nature, a disobedient or unruly sheep is subject to danger and appointed for chastening by the Shepherd. But along the paths of obedience reside provision, peace and rest from enemies within and without.

The very presence of our Shepherd refreshes and restores us. His persistent love and kindness will pursue us forever.

READ: Ps. 23:1-6; Ps. 25:1-22; Ps. 27:1-14; Jer. 31:10-14; Rom. 8:28-39; Heb. 13:20-21.

HEART ISSUE: For a moment, reflect upon God's love, protection and provision. How does knowing these truths impact your life?

PRAYER FOCUS: Father, quite often we take it upon ourselves to make our own way and provide for our own needs. Frankly, we don't trust You as we should. Teach us to face each individual choice with the courage to release our control and rest in Your unfailing love for us. Amen.

Read a companion article.