

The Overlooked Weapon of Spiritual Warfare

Did you know that Communion, the Lord's Supper, is a weapon of spiritual warfare?

It really is.

Some years ago, when I was in a time of worship with a group of prophetic intercessors, the Holy Spirit dropped this phrase into my heart: *"Communion, the Lord's Supper, is one of the highest and most overlooked weapons of spiritual warfare."*

That phrase, and its revelation, has stayed with me ever since.

Days of Increased Spiritual Warfare

There's a lot of chaos, confusion and many swirls going on in the world right now. There are many competing voices attempting to distract us.

Some of this we could flat-out call an assault from the powers of darkness. These are days of increased spiritual warfare, so we need all the tools on our tool belt that we can get.

I understand and appreciate the different theological perspectives and views concerning the sacraments of the Lord's Supper, or Eucharist. I am a church man, so I honor the diversity of different denominations and their historical applications. But, for a short moment, let me give some brief scriptural insights concerning Communion.

Remember the phrase came to me, "Communion, the Lord's Supper, is one of the highest and most overlooked weapons of spiritual warfare." Now, why would that be? It's because we are celebrating the finished work of the cross of the Lord Jesus Christ. It is because we are declaring what the blood of the

Lamb of God has accomplished!

An Invitation Into Participation

Let's look at a few scriptures together.

First of all, let's consider 1 Corinthians 10:16 (ESV), which says, "The cup of blessing that we bless, is it not a participation in the blood of Christ?" Huh? The cup of blessing that we bless. Is it not a participation, a communion, with the blood of Christ? This is a fascinating concept ... "the cup of blessing."

We know, according to the Jewish tradition, that there were multiple goblets or cups of wine as a part of the disciples' last supper with Jesus. The last cup that they would drink from was literally called the cup of blessing. Now watch what Scripture says in 1 Corinthians. It's not the cup of blessing that we bless. So in other words, there is a mutuality, there is an "invitation into participation."

There are basically three different views in the different sectors of the historical church concerning the Lord's Supper. First, that it is the *literal body* of Jesus. This view states that the elements actually or literally become the body and the blood of the Lord Jesus Christ. This is more of a Roman Catholic understanding. Second is what's called the *real presence*. This is more of an Anglican perspective, among others. Third is more of a Protestant understanding, that it is *symbolic only*. "Do this in remembrance of Me" (1 Cor. 11:24, NKJV).

There is one more scripture I want to refer to – 1 Corinthians 11:25 (NKJV): "He also took the cup after supper, saying, 'This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me.'" It doesn't say "as seldom," it says "as often" – but it doesn't say how often!

So it appears the determination of how often is left up to us.

I want you to know this: you can take Communion as often as you decide. I have a traveling Communion set that I take with me on the road. As seldom? No, as often!

And how about this? There is a divine blessing. Is it symbolic only? Is it literal? I personally believe in the real presence. I believe that as you bless the cup of blessing, you don't only symbolically participate, but I believe you can pick up an additional aspect of the presence of God through the Lord's Supper.

Remember, we need every tool we can get on our tool belt! So, bless me now, my Savior, as I partake in the cup of blessing by remembering the blood that was spilled by the precious Lamb of God.

May the Lord bless You!

Yes, I believe the Lord spoke to me, *"Communion, the Lord's Supper, is one of the highest and most overlooked weapons of spiritual warfare."* Let's change part of that statement: *"Communion, the Lord's Supper, is one of the highest and most-honored weapons of spiritual warfare by the body of Messiah to the glory of God!"*

So, I bless you. And I'm asking that the Lord lead you into practical applications on how you can take and eat and drink in remembrance of the Lord Jesus Christ. Amen and Amen! {eo}

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