

The Only Solution to What's Keeping You Awake at Night

And if Christ is in you, though the body is dead because of sin, the Spirit is alive because of righteousness. But if the Spirit of Him who raised Jesus from the dead lives in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit that lives in you. Therefore, brothers, we are debtors not to the flesh, to live according to the flesh. For if you live according to the flesh, you will die, but if through the Spirit you put to death the deeds of the body, you will live. For as many as are led by the Spirit of God, these are the sons of God (Rom. 8:10-14).

What keeps you awake at night, causes you stress during the day and floods your mind before your feet hit the floor in the morning?

Most of the time you are thinking about you, right? Then you go to church for an hour a few times a month and get frustrated with God because it doesn't seem as if He's doing enough to help you. Meanwhile, the worship leader sings about His goodness, the preacher reminds you of His promises and you go home wondering what you are missing.

You think too much about yourself. You don't think about Jesus enough. The best thing for you to do is first think about Jesus and pick up a book that helps you learn about Spirit-help. Self-help is no help. Spirit-help is serious help. The Holy Spirit helped Jesus and wants to help you.

Have you ever examined your life in light of these questions: How did Jesus Christ live His life and leave His legacy? If Jesus were living my life, what would He be doing and how would He be doing it? That's the key that unlocks the rest of

your life.

I want Christ to live His life through you! I invite you to have a personal relationship with the Holy Spirit just as Jesus did.

Think deeply about the Spirit-filled life of Jesus so that you can then live by His power. The order is crucial and biblical—first, think about Jesus and then, think about you. This insight from Luke has changed my life, family and ministry, and I know it will do the same for you if you submit to the Spirit as we walk through the Scriptures in these next few days. {eoa}

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