

The Best Sex Ever

Research refutes the media and confirms the Bible.

Where is the best place to have sex? Research reveals an unlikely answer. Sex is most satisfying, both physically and emotionally, when confined to the safe harbor of marriage.

The most authoritative research ever done on sexuality in America was conducted a few years ago at the University of Chicago. This study, the National Health and Social Life Survey (NHSLs), came to an interesting conclusion: "The public image of sex in America bears virtually no relationship to the truth." In fact, the study explains, "In real life, the unheralded, seldom discussed world of married sex is actually the one that satisfies people the most."

This study found that, of all sexually active people, married people are significantly more likely to say their sex lives make them feel "satisfied," "loved," "thrilled" and "wanted." The faithfully married are also least likely to report sex making them feel "sad," "anxious or worried," "scared or afraid," or "guilty."

The researchers own interpretation of this data, as reported in U.S. News & World Report, is that "the singles scene may not be as carefree and fulfilling as it's cracked up to within the security of marriage is less problematic."

Source: Why Marriage Matters: Reasons to Believe in Marriage in Postmodern Society (Pinon Press), by Glenn Stanton.