

Shut Your Mouth

Psalms 141:1-10 In this psalm David prays a prayer we all need to pray. He prays, "Let my prayer be set before You as incense, the lifting up of my hands as the evening sacrifice. Set a guard, O Lord, over my mouth; keep watch over the door of my lips" (vv. 2-3).

Our mouths were created to praise and worship the Lord. Every part of our being was created to glorify God here on earth. Our hands are to lift in praise to Him daily. Even the trees of the fields rejoice and clap their hands. So often, however, we use these God-given, fearfully and wonderfully made bodies to do things that Satan wants us to do. Remember, Satan has no power to make you do anything, even sin. Sin happens in our lives because we are led astray by our own lusts. We learned earlier the way to keep us from giving into our own lusts and fulfilling them is to stay filled with the Spirit. One of the ways to stay constantly filled with the Spirit is to use our mouths to praise, sing spiritual songs and hymns, to give thanks and to make melody in our hearts. If we are busy praising and worshiping the Lord, we will not have time to give into our own lusts.

One of the ways I like to keep myself filled with the Spirit is to have good praise music and hymns playing throughout the day when I am home doing my chores. I sing along with the hymns, and I also love to play classical music that lifts soul and spirit. I mostly concentrate on Handel and Bach. The world tries to drag us down, and can easily do it if we set ourselves in front of the boob tube all day long or even have it playing while we are doing other things. Remember, Satan is the prince and power of the air. He loves to use TV and radio to gain an advantage over us.

Another way we can stay filled with Spirit is to refuse to allow anything to come out of our mouths that would wound or

hurt others. Our mouths were created to praise God and also to praise and edify others. David knew his own weakness in the matter of the tongue, and he calls upon the help of God to set a watch over his mouth. This morning let's pray a prayer that David prayed. "Lord, let the words of my mouth and the meditations of my heart be acceptable in Your sight. Set a watch over my mouth, and may my mouth, be used today only to praise You and to edify and praise others."

**READ: Zechariah 2:1-3:10; Revelation 13:1-18; Psalm 141:1-10;
Proverbs 30:18-20**