

Secular Music and Horror Movies: What Christians Need to Know

In a TikTok video, Kelly K tackles a question many Christians struggle with: “Now that I’m saved, do I need to give up secular music and movies?”

With grace and clarity, K walks through this dilemma by pointing listeners not to a legalistic list of dos and don’ts, but to a relationship with the Holy Spirit.

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K begins by affirming the reality of transformation: “Our walk with God is a journey,” he says. While the Bible doesn’t offer a playlist or movie guide, it does instruct believers to guard their hearts and minds. Citing Proverbs, he reminds viewers that “life and death is in the power of the tongue,” what we take in influences what comes out.

The heart of his message rests on Ephesians 4:30, which says, “Do not bring sorrow to God’s Holy Spirit by the way you live.” According to K, this verse changes everything for a believer. “When you got saved,” he explains, “you got a new roommate.”

[@kellykministries/video/7520025544747011342](https://www.youtube.com/watch?v=7520025544747011342)

Once the Holy Spirit moves in, how we live must adjust to honor His presence. And unlike a human roommate, the Holy Spirit won’t leave, even when grieved.

Many believers, K warns, forget the Spirit is there. “You go everywhere, He goes. He listens to what you listen to. He watches what you watch.” Yet often, we don’t even ask Him if He wants to join. That silence, he points out, is like riding in a car with someone who never speaks—until they need something.

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Instead of living by man-made rules or constant fear of sin, K urges believers to talk with the Holy Spirit and follow peace. “If you don’t have peace about listening to it, watching it, doing it or going there, don’t do it.” Peace, he emphasizes, is how God leads us, while stress and anxiety are not from Him.

True transformation begins not with rules, but with relationship. When the Holy Spirit takes up residence within us, everything changes, not because we’re forced to live differently, but because we desire to honor the One who now lives in us.

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Discernment becomes less about drawing lines and more about walking closely with Him. It’s not about perfection, but about inviting His presence into every moment, every choice and every piece of our lives. When we follow peace and listen for His leading, we’ll find that the decisions we once struggled with become clear.

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