

Resist Until Someday

“Someday, I want to help a mission-field project.”

“Someday, I want to start a podcast.”

“Someday, I want to write a book.”

These are great aspirations but will likely never be acted upon.

The calendar is bad. Resistance is high.

A goal has a start and end date:

“I want to start a podcast by Sept. 1 and create 10,000 downloads by Dec. 31.”

This goal is packed with risk because it's measurable and specific. Someday isn't measurable and lacks specificity. Perhaps the word “someday” is used because we really have no intention to act.

Someday isn't much more than an impulse buy. It has no risk.

When our somedays become today, we reduce resistance and make first steps.

P.S. Is today the day you take the first step to start your podcast? [Click here](#) for our free e-book.