

Rejoicing Every Day

Psalm 118:19-29 No matter what each day holds for us, we can rejoice in it. But you may say, "I don't feel like rejoicing." Often when a new day dawns, our bodies don't want to get up and greet the day with cheerfulness because we just simply may not feel good. Our souls, however, can always rejoice in the Lord. When we greet the day with gratefulness instead of grumbling, we will set the sails of the ship of our lives to receive the wind of the Holy Spirit.

David tells us exactly how we can rejoice daily. He gives us three ways to rejoice:

1. Praise the Lord.
2. Exalt the Lord.
3. Give thanks to the Lord.

If we will do the above, we will always have a blessed day no matter what we may encounter. Have a blessed day. REJOICE IN THE LORD ALWAYS!

Lord, forgive me for the times I have not greeted a new day with joy in my heart. Starting tomorrow morning, when I awaken I want to praise and give thanks to You for a new day. Then as I touch my feet to the floor to start sailing with the wind of the Holy Spirit, help me to exalt and glorify You in both word and deed. Thank You, Great Helper, for helping me today and every day.

**READ: Ezekiel 40:28-41:26; James 4:1-17; Psalm 118:19-29;
Proverbs 28:3-5**