

No Matter What You Are Going Through, God Is Your Help

When my grandson, Elijah, was 2, he loved Lego building blocks. I was constantly amazed at how he would spend hours building and creating with blocks that I could barely stack into a rickety tower.

Elijah assembled little vehicles, houses, small cities and yes, even towers like his pappy. Somewhere in the recesses of a mind unencumbered with the cares of the world, Elijah had a wonderful imagination and the ability to entertain himself as he engineered new designs and creations.

He did have one major challenge, however. The storage container that housed the Lego had a lid that snapped on. The lid was designed so that if the container tipped over it would not come off. Little Elijah's hands were simply too small, and not yet strong enough, to get the lid off. After struggling many times in the past to remove the lid himself, Elijah would invariably just drag the receptacle that was holding his Lego hostage over to me, so I could set them free. My hands are large enough and strong enough to reach down and simply snap the lid off with just a flick of my thumb.

One day Elijah moved the container in front of me for my help in getting him access to his world of Lego creations. I reached down and easily popped the lid off with one hand. A grateful grandson then moved over right in front of my face, looked up at me and said, "Pappy, you're the *best* helper ever." There was, I am sure, an involuntary swelling of my chest as I said, "Yes, yes I am."

Perhaps the Psalmist understood and appreciated this same principle when he said, "I lift up my eyes to the hills—from whence comes my help? My help comes from the Lord, who made

heaven and earth" (Ps. 121:1).

Again in Psalm 124 David declares, "Our help is in the name of the Lord" (v. 8). He then shifts to a wonderful level of praise when he exclaims, "Blessed is he whose help is the God of Jacob" (Ps. 146:5, NIV).

What's interesting is that I looked up the word *help* in *Strong's Concordance* to find out exactly what the word meant. It means, "help." Pretty simple. The connotation is that the help is not specified. It is overall help—help for whatever you need.

Are your emotions shattered? *He is your help*. Is your heart broken? *He is your help*. Have the wheels come off and life isn't the way it's supposed to be? *He is your help*. Maybe your spouse left, or your child is rebelling, or the job you depended on is no more. *He is your help*. Maybe the report from the doctor took your breath away and hope seems illusive. *He is your help*.

Write that eternal truth down. Put it on sticky notes, and stick them up so you read it everywhere you turn. *He is your help*. And Oh how *blessed* you will be when you realize that the One we call Lord—the mighty One over all the earth—is your *help*.

This week, maybe you need to stop trying to get the lid off of your Legos on your own. Maybe you just need to drag the container over to the Holy One of Israel. He will reach down, and with His strong right hand, pop the lid off. He will be your help.

Then don't forget to look up into His face and lovingly say, "Abba Father, you're the *best* helper ever." He loves that. Listen closely and you might hear Him reply, "Yes, yes I am."

When you need help, just ask Him. He will be there. *He will be your help*. I promise.

Prayer Power for the Week of November 2, 2015

This week incorporate lots of praise into your prayer time. Let Him know that He's the best helper ever and that you can depend on Him for anything and everything you need. Thank Him that He never leaves you nor forsakes you no matter how things look. Continue to pray for unity in the body of Christ so that we can come together in one accord for revival, a harvest of souls and the extension of God's kingdom. Pray for the upcoming elections and ask God to reveal what is true and what is not so you can make an intelligent decision. Pray for the protection of the candidates, their families and those working in the campaigns. Ask the Lord to guide you through the election process and continue to pray for the persecuted church, as well as the peace and protection of Jerusalem as admonished in the Word (2 Chron. 7:14; Ps. 124:8; Psalm 122:6).