

Mentally Prepared for Marriage

What makes someone ready for marriage? If you're in the season of life where you're wondering about this, here are a few things to think about.

When I look around at culture, I see a lot of boys who think they're men, but they haven't truly matured. There's a certain maturity that takes place when the commitment is made not only to date someone, but to take them to the altar. Here are three things, aside from being God-fearing individuals, that can ensure a healthy marriage:

1. Commitment

Commit to marriage for life. When you decide to make your marriage permanent, all your problems will be temporary.

2. Communication

Fight to have good communication. Read books, receive counseling, find a mentor—do whatever it takes to develop this area in your marriage.

3. Confrontation

Disagreements are a sign that you are both contributing to the relationship in the different ways that God has created you. The only problem is when couples begin to see disagreements as a sign that their marriage is unhealthy, or when it becomes violent, physically and/or verbally.

Final Thoughts

As you're preparing your mind and your life for marriage, remember that maturity and spirituality are not just going to church and learning how to preach or to prophesy. Instead, it

is seen practically in the way you learn to communicate, resolve conflict, and love others. When you learn to honor your husband, or to love your wife, you're learning to be spiritual. When you learn to manage your home in a way where the peace of God resides in it, you're learning to be spiritual. Living spiritually should affect every area of our lives.

As you seek guidance from the Lord for your future marriage, I pray you would keep these three keys in mind.

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