

Max Lucado on the Epidemic of Loneliness

Does it ever feel sometimes like you're all alone?

Pastor and best-selling author, Max Lucado shared in an interview with Charisma Media how today's world can be a lonely, cold place for many, especially children. However, It is by knowing Jesus in a deep and meaningful way that we can help combat this epidemic for ourselves as adults, and for children alike.

"The challenge of parenting today is more intense than it was when I was raising my daughters," Lucado says. "There's a unique set of circumstances that are making it difficult for parents to parent, as well as children to grow up with a sense of peace about them."

Lucado has been writing children's books for 25 years now. However, unlike previous generations, he sees how the topic of loneliness must be addressed to children and parents now more than ever.

"There are statistics that are just mind-boggling right now," Lucado says. "I read one the other day that showed young people born since 1996 are facing unprecedented levels of anxiety and loneliness and depression."

Breaking News. Spirit-Filled Stories. Subscribe to Charisma on YouTube now!