

Mama's Praying for Me

Holidays can trigger painful emotions in individuals who have lost or been estranged from loved ones. When hurting, we can turn to the Lord for comfort and hope.

READ: Ps. 23:1-6; Ps. 119:49-50; Is. 66:13; John 14:1-4; 2 Cor. 1:3-5; Rev. 21:1-4.

HEART ISSUE: Who is your heart grieving or longing for? How can the Lord help you find peace?

PRAYER FOCUS: Father of all comfort, please touch my hurting heart. Speak to me and help me resolve this pain. Then use me, Lord, to comfort others. Amen.

Read a companion article.