

Let the Holy Spirit Check Your Heart

You rub your chest, thinking the mild pain is nothing more than a nagging bout of indigestion. But the increasing discomfort in your upper body is accompanied by shortness of breath, and you begin to worry. You're nauseous, lightheaded and sweaty; eventually, you fold over in pain. You've just had a heart attack.

And just like the physical body, there are also warning signs of decay in our spiritual lives. To discover biblical truths that will keep your heart pure, listen to The Lowe-Down with editor Valerie G. Lowe and pastor Riva Tims. Click below to listen to the podcast now.



Valerie G. Lowe

Pastor Riva Tims

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