

Lessons From Gethsemane: The 7 Power Producing Effects of Prayer, Part 2

5. Prayer produces the power of spiritual authority.

After Jesus rose from prayer, the Gospel of John tells us that:

Knowing all that would come upon Him (John 18:4), Jesus went forth and asked, "Whom do you seek?" Then He said, "I am He." As Jesus spoke these words, they fell backward to the ground.

Jesus said to them, "I am He." And Judas, who betrayed Him, also stood with them. Now when He said to them, "I am He," they drew back and fell to the ground (John 18:6).

Theologically, this demonstrates the slaying power of the Holy Spirit—a manifestation of spiritual authority released through prayer.

6. Prayer cultivates the love of Christ and the Christ-like character within us.

We see this effect demonstrated by Jesus:

While He was still speaking, behold, Judas...with a great multitude with swords and clubs, came from the chief priests and elders of the people. Now His betrayer...went up to Jesus and said, "Greetings, Rabbi!" and kissed Him. But Jesus said to him, "Friend, why have you come?" Then they came and laid hands on Jesus and took Him (Matt. 26:47-50).

Jesus calls His betrayer, Judas, a "friend." This reveals a

powerful truth: when you pray, the Holy Spirit enables you to love even those who betray you. Prayer produces in you the same Christ-like love that allowed Jesus to respond with compassion.



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7. Prayer brings you into complete surrender to God's Will.

Jesus teaches us that complete surrender to God's Will can be restorative. When we surrender completely to His will, we open the door to destiny. Jesus demonstrates this in Gethsemane:

"Father, if it is Your will, take this cup away from Me; nevertheless not My will, but Yours, be done"...being in agony, He prayed more earnestly. Then His sweat became like great drops of blood falling down to the ground (Luke 22:42)

"Not My will, but Yours be done"—complete submission to God's will. Though Jesus was struggling, in agony, He submitted fully to the Father's plan. It is a moment of profound holiness.

Jesus prayed so intensely that He sweat drops of blood. Why did Jesus have to sweat? We see in the scripture that, in the Garden of Eden, where Adam sinned, the place of temptation and the origin of the curse, the curse pronounced on humanity was that labor and sweat would bring struggle (Gen. 3:19).

Jesus' sweat of blood was not just human anguish—it was spiritual warfare against the Adamic curse. The blood from His brow fell to the ground to break that curse, reversing what sin done. His obedience, suffering and surrender broke the curse that began in Eden, and the way for restoration was opened.

Prayer that leads to full surrender is restorative. Just as Jesus' obedience released victory over the curse, your yielding in prayer releases the power of God to transform your struggle into divine purpose.

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