

Kenneth Copeland's Powerful Confession: Depression, Healing and the Truth About Prosperity

Kenneth Copeland is opening up about a battle many may never have known he faced – a struggle with depression that he says ultimately required him to stand on the Word of God and refuse to allow the darkness to dictate his life.

During a recent episode of the Kenneth Copeland podcast with his granddaughter Courtney, Copeland began by teaching on what he calls the seven redemptive names of God. But the conversation quickly became personal as the longtime evangelist revealed how these truths became more than theology during some of the darkest moments of his own life.

“I had a lot of depression, a lot of it,” Copeland said, explaining that he eventually reached a point where he refused to continue living under its weight.

One passage of Scripture became particularly significant to him: God's promise that He would not fail, abandon or leave His people without support.

“That very verse right there did it. It was over,” Copeland recalled.

Looking back, Copeland said he came to believe that a spiritual component lay behind what had plagued him, tracing the battle back to before he had even given his life to Christ.

Yet the battle did not simply disappear without another fight.

Copeland recalled another occasion when the heaviness began

attempting to return. His wife, Gloria, walked over to him, placed her hands on him and spoke directly into what he was experiencing.

“Kenneth, God doesn’t find any fault in you, and neither do I. It is over,” he remembered her telling him.

Copeland said he determined not to yield to the oppression. As he continued studying Scripture, he began anchoring himself in passages about his identity in Christ, righteousness and walking by faith rather than by sight. He eventually began placing Scriptures on his shaving mirror so God’s Word would remain in front of him every day.

That testimony ties directly into the heart of Copeland’s teaching on the seven redemptive names of God: the Lord who is present, our peace, our shepherd, our provider, our victory, our righteousness and our healer. For Copeland, these are not simply names to memorize. They reveal God’s character and truths believers can stand on when their circumstances tell them something entirely different.

Courtney pointed directly to the practical significance of her grandfather’s testimony: He had battled depression and continued speaking Scripture over himself.

For those wondering where to begin when darkness presses in, Copeland pointed back to the Lord’s Prayer and God’s will being done “on earth as it is in heaven.”

“Is it God’s will for me to be depressed on earth? No,” Copeland said. “That’s not in the book.”

Instead, he said God’s desire is “shalom, peace, nothing missing, nothing broken.”



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But Copeland's message did not stop with peace or healing. He also tackled a subject long associated with his ministry: prosperity.

So, what does prosperity actually mean?

Copeland pointed to the third letter of John, where the apostle writes of prospering "in every way" and being in health even as the soul prospers. For Copeland, that distinction matters. Biblical prosperity, as he described it, reaches beyond a bank account. It includes the condition of the soul, the body and the whole person.

He juxtaposed that understanding with Jesus' warning about gaining the entire world while losing one's soul. Material abundance without spiritual wholeness, in other words, misses the point.

Copeland also reflected on the early days of his ministry and the acquisition of the property that became Eagle Mountain. He recalled being led to an abandoned air base consisting of approximately 1,520 acres. The property, he said, came to roughly \$5 million at the time.

Copeland described a series of events surrounding the property, including mineral rights and gravel, as part of learning to trust God for provision. Yet he also emphasized that provision was connected to something larger than personal comfort. Earlier in the conversation, he recalled believing God told him his "daily bread" was meant to extend to the nations and the ministry assignment placed before him.

That distinction gets to the heart of Copeland's broader message.

Peace. Healing. Provision. Righteousness. Victory.

He sees them not as disconnected promises Christians can pick and choose from, but as revelations of God's character that

should transform how believers confront everything from depression and sickness to financial need.

“The whole point of this is anywhere for any type of problem,” Copeland said. “The answer is in this book.”

For Copeland, the answer after decades of ministry remains the same: know what God has said, keep His Word before your eyes and put it into practice when the battle comes.

Abby Trivett is a writer and editor for Charisma Media and has a passion for sharing the gospel through the written word. She holds two degrees from Regent University, a B.A. in Communication with a concentration in Journalism and a Master of Arts in Journalism. She is the author of the newly released book, *The Power of Suddenly: Discover How God Can Change Everything in a Moment*. For interviews and media inquiries, please contact media@.