

Joyce Meyer on the COVID-19 Pandemic: This Too Will Pass

Author and speaker Joyce Meyer says we need to be careful not to dwell on too many negative thoughts during this time. God will give us strength to press on. Even when we don't know what's going to happen, we know God is in control and things won't be like this forever.

"I know that in times like this, it's easy to get down, to get discouraged and even get depressed," Meyer says. "Especially if you happen to be someone who lives alone, it's probably even more challenging for you because we do need that human connection. ... I want to remind you today that you're never alone. He never leaves you.

"I also want to remind you—I did a little study—there have been many pandemics in history, at least 20, and they all came to an end. Eventually, this one, too, will come to an end. One of the things that I did to encourage myself when I'm going through any kind of problem, or if I'm waiting for God to give me some kind of breakthrough, is I actually will say 'This, too, will pass.'"

To listen to the entire video for more encouragement amid the COVID-19 pandemic, [click here](#).