

Joyce Meyer: How to Heal Your Broken Marriage

Joyce Meyer shared advice for healing a troubled marriage in a recent video. Meyer says that as a result of abuse by her father, she had a lot of issues when she first married her husband, Dave. But she says Dave was strong enough in the Lord that he would not let his wife drag him down into bitterness or unhappiness when old wounds resurfaced. Meyer says it's good advice for any married couple.

"What I began to see was stability," she says. "Something I had never seen before. I began to see somebody who wasn't controlled by outward circumstances. Dave loved me unconditionally but I had to receive the love. He didn't turn it on and off based on my behavior. He just was who he was. And one of the things we need to learn is to be who God wants us to be, no matter what everybody else is doing."

Meyer recommends a simple prayer.

"What you need to do is just say, 'God, I'm going to be who I am, and I'm going to trust you to take care of them,'" Meyer says. "So I'm telling you that you don't have to let other people make you unhappy. That's something that you can do, but only if you have self-control."