

Jentezen Franklin: Why Fasting Makes Your Prayers Way More Powerful

In Matthew 17:21, Jesus says of a demon, "This kind does not go out except by prayer and fasting." What makes fasting such an essential tool for spiritual warfare? Pastor Jentezen Franklin says it's because there's a relationship between physical obedience and spiritual power. Franklin says, "When you begin to fast and pray, you release God's supernatural power and forces of heaven." Watch the video here for his full explanation.