

Jentezen Franklin: Why Fasting Makes Your Prayers Way More Powerful

In Matthew 17:21, Jesus says of a demon, "This kind does not go out except by prayer and fasting." What makes fasting such an essential tool for spiritual warfare? Pastor Jentezen Franklin says it's because there's a relationship between physical obedience and spiritual power. Franklin says, "When you begin to fast and pray, you release God's supernatural power and forces of heaven." Watch the video [here](#) for his full explanation.