

Jentezen Franklin Says Horror Movie 'Bird Box' Can Teach Christians About Fasting

Jentezen Franklin compared the popular Netflix horror film *Bird Box* to fasting, saying that the movie illustrates how when one sense is cut off, it heightens the other senses. The same applies to fasting. Franklin says, "There's a very popular movie on Netflix called Bird Box, and it has these people—and I don't have time to go into it, but the bottom line is it's all about hearing. ... There's birds that go off when the bad thing is coming. Well, I've got a bird called the Holy Spirit." Watch his sermon illustration [here](#).