

Is Broken-Heart Syndrome the Blockage to Your Thriving Life?

Everywhere you go, people are hurting. They've been betrayed, abandoned, abused, suffering with health and relationship issues and financially devastated.

Joan Hunter suffered through a failed marriage, cancer and financial problems. Counselors told her she'd feel better in seven or eight years, but she'd never get over it. Joan didn't accept that prognosis because Jesus died to heal her. He died with a broken heart so she wouldn't have to live with a broken heart.

Breaking News. Spirit-Filled Stories. Subscribe to Charisma on YouTube now!

"Too many times, like me, people are told they have to live with a certain condition. I went after God and told Him, I can't live with a broken heart. I went after God to heal my heart," Joan says. He did more than simply heal her heart—He healed her heart, her finances and healed her of breast cancer. "When I got rid of the junk in my heart, it was no longer feeding the cancer and it was gone."

Joan believes when you go after a heart healing, the diseases that plague you will automatically go. "I felt like my heart had been shredded. Symbolically, I gave my heart to God and admitted that He's the only one who can heal it. And God gave me a new heart."

There is a disease called broken-heart syndrome. The muscles, ligaments and tendons of a broken heart are shredded. Joan encourages others that God wants to and can give them a heart transplant—a brand new heart.

Proverbs 4:23 tells us to, guard your heart, for out of it comes wellsprings of life. So when your heart is shredded—broken-heart syndrome—it's not functioning or beating right. Then everything on the outside, your conversations, interactions, relationships, your whole mindset, is affected. Suddenly, you turn into a victim and experience a cascading failure to thrive.

Get your FREE CHARISMA NEWSLETTERS today! Stay up to date with current issues, Holy Spirit news, Christian teachings, Charisma videos & more!

There is a process to healing. Deep wounds can be healed instantly, but God will reveal areas of your life that also need healing. For example, unforgiveness. Joan says, "Unforgiveness is a poison we drink hoping the other person gets sick." If you hold on to unforgiveness it's an open door to sickness. When you get that revelation, you'll forgive everybody and everything.

There are a lot of teachings on soul ties, which are not mentioned in the Bible. You might need to get rid of the soul tie to someone with whom you've had an intimate relationship. Or, if you're divorced, you need to renounce the covenant that is no longer true. Renouncing soul ties and covenants is very freeing, and helps to free your heart. Ezekiel 11:19 promises, "And I will give them one heart, and a new spirit I will put within them. I will remove the heart of stone from their flesh and give them a heart of flesh," which is restoration and renovation—a brand new heart.

A healed heart is one that is free, unbound, serving God and others, harbors no unforgiveness, and is free to love and be loved without fear. You *can* be set free, restored, and made totally whole.

Join Charisma Magazine Online to follow everything the Holy Spirit is doing around the world!

Marilyn Hickey founded Marilyn Hickey Ministries more than 45 years ago with God's vision to cover the earth with the Word. Marilyn co-hosts a daily television program, "Today with Marilyn & Sarah," reaching a potential viewing audience of over 2 billion households worldwide. Marilyn communicates deep biblical truths in a way that is understandable and practical for everyday life.

Sarah Bowling is on a mission to connect every one with the heart of God while loving those who are overlooked, excluded, and ignored. Led by Holy Spirit and anchored in the Word, Sarah seeks to inspire all to know the unconditional and transformational love of God in our daily lives. A Bible teacher, author, international speaker, and a global humanitarian, Sarah also co-hosts a daily television program, "Today with Marilyn & Sarah."

Isabell Bowling's passion is to help people have a transformative experience with the power of God. She brings a fresh anointing of the presence and fire of God wherever she goes. Her faith and ministry was shaped by observation and prayer, watching the Lord work in and through her grandmother, Marilyn Hickey, and her mom, Sarah Bowling. After graduating from Oral Roberts University in 2023, Isabell joined the Marilyn & Sarah Ministries team where she stepped into a powerful teaching ministry with her family.