

How to Take Down 13 Demonic Strongholds That Bind You

Intercessory prayer can break demonic strongholds. Here is a list of those to be mindful of when praying:

Cluster 1—Anger, hatred, malice, rage, murder, temper, cursing, vengeance, retaliation, violence, abuse, cruelty, sadism, unforgiveness, bitterness, being judgmental or critical, taking offense easily/irritability, anger towards men or women, anger towards mother or father, anger towards authority, anger/resentment towards God

Cluster 2—Fear, fear of man, fear of authority, doubt/unbelief, dread, worry, anxiety, fear the worst will happen, fear of various illnesses like cancer, fear people will get angry with you or won't like you, spirit of false responsibility, spirit of rush

Cluster 3—Abandonment, desertion, divorce, rejection, neglect, victimization, blocked intimacy, not valuing people/relationships/ending relationships, burning bridges, isolation, loneliness, self-pity

Cluster 4—Shame, anger, condemnation, disgrace, embarrassment, guilt, hatred, self-hate, self-pity, withdrawal, hiding/antisocial, timidity, inferiority

Cluster 5—Lying, cheating, theft, deception, trickery, untrustworthiness, adultery, emotional adultery, denial, self-deception, secretiveness, hiding purchases/activities/relationships

Cluster 6—Financial lack, belief in poverty, robbing God by not tithing, not believing in covenant blessings, greed, covetousness, debt, dishonesty, idolatry of possessions, failure

Cluster 7–Addictions, alcohol, tobacco, drugs, food, sugar, coffee, chocolate/sweets, pornography, sex, flirtation, junky magazines/websites/TV shows/movies, overeating, drinking too much alcohol, anything you cannot do in moderation

Cluster 8–Sensuality, lust, fantasizing/coveting another's mate, flirtation, premarital sex, sexual abuse, fornication/adultery/emotional adultery, demonic sex, pornography, bondage/control, rape, incest

Cluster 9–Depression, rejection, despair, helplessness, hopelessness, sadness, self-pity, withdrawal, suicide

Cluster 10–Grief, sorrow, despair, heartbreak, loss, pain, torment, weeping, anguish, agony

Cluster 11–Mental instability, mental illness, compulsions, confusion, hysteria, paranoia, schizophrenia, insanity

Cluster 12–Pride, arrogance, disdain, selfishness, control/pushiness, independence, callousness/lack of concern for others, gossip

Cluster 13–Procrastination, sloth, laziness, distraction/confusion/ lack of focus, not thinking things through before acting or speaking or writing emails, lack of organization/preparation, lateness/tardiness, missing appointments/phone calls

Excerpted from Mark Virkler's book, Prayers That Heal the Heart. Mark Virkler is founder and president of Christian Leadership University and co-founder of Communion With God Ministries. The co-author of more than 50 books with his wife, Patti, Mark has received a Master of Theology from Miami Christian University and a Ph.D. from Carolina Christian University.