

How to Release Bitterness and Unforgiveness From Your Soul

In this video clip from a pre-quarantine service, Mike Signorelli, lead pastor and founder of V1 Church based in New York, says many times Christians want to sit in God's judgment seat and hold onto unforgiveness. But humans were never meant to sit in the position of judge, jury and defender.

Instead, Signorelli says we need to release our pain and unforgiveness to God in worship.

"See, here's what happens in worship," he says. "We say this: 'It's so much better Your way.' ... You take this seat of justice, and you say, 'God I'm going to really trust you.'"

Watch the full clip here. {eo}