

How to Prepare Yourself for What God Is Calling You To

Author and speaker Sarah Jakes Roberts says even if it means having to go to therapy or rehab, God is saying you must do whatever must be done to prepare yourself for the calling He's placed on your life. The first step, however, is simply giving credit where it's due: giving honor to God for all the blessings in our lives.

"I hear God saying, 'My presence needs a place that is befitting of the honor connected to it,'" Roberts says. "'If you start honoring what I gave you, then you will start seeing My presence showing up in your household.'

"It's going to sound crazy, but when you open your eyes in the morning, instead of just wondering what's on your to-do list and wondering what all you have to accomplish, take a minute and say, 'Father, I honor You for waking me up this morning. Father, I honor You that I woke up with a roof over my head. ... I don't ever want to start taking for granted what You gave me.' ... Your 'next' is connected to how you honor your 'now.'"

To listen to the entire sermon titled "Out of Control," click [here](#).