

God's Recipe for Repairing Your Ripped Relationships in 2025

"Ripped" abs are one thing, but ripped family and friend relationships are something else. Left to linger, they take an incredibly hurtful emotional, spiritual and mental toll on our lives and hearts. Who comes to mind as you read these words?

Remember how Paul told the Philippian community of believers to plead with two lovely ladies named Euodia and Syntyche to please end their relational differences and restore the unity God desires for us as His family (Phil. 4:2-3)? How would you like to be remembered throughout history the way these two bickering babes are? Neither should we want to be remembered like this by family and friends because we wouldn't "die to ourselves" and walk humbly (even submit to mediation, Matt. 18:15-16) to have our broken relationships healed for the glory of God.

Start Strong

Everyone likes a fresh start. A new beginning. The opportunity to put some things behind us and get going on the pathway to success. With the recent election, we can sense an air of optimism, so let's lean into it for unity and a brand-new future.

We don't have to keep looking in the rearview mirror or remain stuck where we are. Pivoting may not be easy, but it pays rich dividends!

The apostle Paul, like all of us, made mistakes and experienced relational conflicts with others (such as Peter and Barnabas) but demonstrated his maturity and character by resolving the rifts and reminding us to do likewise, remaining forward looking rather than plagued by regrets.

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