

A Laugh a Day

In a sense, a pure and hearty spell of laughter defeats the devil because it mocks his assaults against our joy. It isn't folly, but rather an act of faith in our Father's ability to take care of us. Seek out opportunities to express and share your joy. After all, Psalm 2:4 says, "The One enthroned in heaven laughs" (NIV).

Read Neh. 8:10-12, Ps. 2; 35:27-28, Prov. 15:13,15, Zeph. 3:14-17, John 16:23-24, 1 Pet. 1:6-9

Heart Issue

Whatever hinders your peace hinders your joy and depletes your strength. Ask God to help you in these areas.

Prayer

Father, we rejoice in Your gracious goodness and Your incredible mercy. We celebrate You. And we thank You for all the blessings we are privileged to enjoy. Raise the level of our faith, and make our joy contagious. Amen.

Brenda J. Davis is the former editor of SpiritLed Woman magazine and acquisitions editor for Creation House.