

# Freedom in Christ

Oppression in many different forms can attempt to overtake the life of the Christian. Whether it's sickness, emotional struggles or family concerns, at those times, the tendency is to search for a place of safety—a stronghold.

However, finding security anywhere other than in a personal relationship with Jesus Christ will eventually lead to bondage. A stronghold will ultimately become a prison. But God's objective for us is the freedom to walk in the Spirit and be conformed to the image of Christ in every way.

**READ:** Judg. 6:1-6; Is. 61:1-3; John 8:31-36; Rom. 6:1-23; 2 Cor. 3:17-18; Gal. 5:1-26.

**HEART ISSUE:** In your life, what place of refuge has become a place of captivity?

**PRAYER FOCUS:** Father, Your Word says we have been made free by Your Son. Help us to understand what our spiritual liberty means. And let us not settle for less than what Your cross has made available to us. Teach us how to walk as women of freedom, strength and grace. Amen.

Read a companion article.