

# Do You Walk According to the Flesh or the Spirit?

What does it mean to walk according to the flesh? It means that you walk according to the dictates and the impulses of your fallen nature. Your lower nature.

The flesh doubts. The flesh is unbelieving. The flesh is fearful. The flesh is unable to submit to God.

***Breaking news, Spirit-filled stories. Subscribe to Charisma on YouTube now!***

Do you walk according to the Spirit? What exactly does it mean to do this? It is to seek and walk after His presence. To walk after His Word. To walk after what pleases Him. To follow Him at all costs. Even if you trip or fall, you get back up, dust yourself off and follow Him with all your heart. He is the way, the truth and the life (John 14:6).



***Pre-order Chris Garcia's new book here!***

Romans 8:2 says, "For the law of the Spirit of life in Christ Jesus has set me free from the law of sin and death." What is the Spirit of life? It is the Spirit of God. The resurrection life.

You see, because He lives, you are now free from the law of sin and death. So, you may ask yourself, why do I keep on sinning? It is because you do not realize what has already been given to you.

***Get your FREE CHARISMA NEWSLETTERS today! Stay up to date with current issues, Holy Spirit news, Christian teachings, Charisma videos & more!***

Do you want to break the cycle of sin in your life? Follow

Jesus. Follow His presence. Draw near to Him daily. I promise you as you draw near to the presence of Christ, you will have a different relationship with sin.

This does not mean you will never get tempted again, but sin will no longer lay a captive hold on you. You might ask why that is. It's because of the law of the Spirit of life in Christ Jesus. You will then begin to realize that you have been made free already, by the law of sin and death.

There is a higher law; it is the resurrection life. It sets us free from the law of sin, death and self-condemnation.

***Join Father's Glory International for Fresh Oil Outpouring '24,  
July 19th & 20th in Houston, Texas!***

***Join Charisma Magazine Online to follow everything the Holy Spirit is doing around the world!***

**Chris Garcia** is the founder of Father's Glory International. Father's Glory is devoted to promoting God's manifested presence and power through the proclamation of the gospel of Jesus Christ. Jesus Christ is Father's glory, and it is through the unveiling of the Son that lives are transformed. Chris is also a revivalist with a heart for the local church and serves as the lead overseer at House of Glory in Fort Smith, Arkansas. House of Glory is a Spirit-filled, fivefold apostolic revival hub that exists to cultivate the presence of God and the power of the gospel regionally and internationally. God is looking for those who will give Him a place to rest and allow His people to interact with His presence, power and glory. Second Corinthians 3:18 says, "But we all, seeing the glory of the Lord with unveiled faces, as in a mirror, are being transformed into the same image from glory to glory by the Spirit of the Lord." It is for His glory that we proclaim His name. Chris and his wife, Zuly, reside in the Fort Smith area with their three children.