

Deadline Stress

One of the things I like best about weekends is lower calendar stress. I'm not in a hurry to get anywhere on time. (Except maybe the tee box.)

Time is a major source of stress.

I continue to re-learn this lesson:

Things will never go as fast as we want them to go.

Everything takes longer.

It's the goal that matters. Not my self-imposed deadline.

I remember family trips in the car to go see my grandmother. I clearly recall my dad saying when we arrived, "We made good time." But my thought was *We didn't have a good time getting there.*

I hope your Saturday is stress-free. Have a good time getting wherever you want to go ... even if it takes a little longer.