

{ Day 217 }

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. **—Romans 15:13**

Beloved, I tell you, studying the heart of God is absolutely crucial if we are to have healthy families and careers. The most practical thing you can do to take care of your family or business is to cultivate an overflowing heart. As you regularly behold the happy God in the Word, you will be progressively filled with happiness. You will take care of your family far better than if you were grouchy. Have you noticed that the blessing is much smaller for the people around you when you go about your God-ordained responsibilities with a spirit of depression, heaviness, anger, and bitterness? But if you invest time in understanding the happiness of God's heart for you, your heart is gloriously awakened. You become powerful and effective in your duties in the kingdom of God and in all aspects of life. Don't buy the argument that spending time on this is not realistic or practical. In truth, there is nothing more practical we can do.

{ PRAYER STARTER }

Remove any spirits of depression, heaviness, anger, and bitterness from my heart. I do not want them there. I want to experience Your abundant joy and have a heart that is filled with happiness and power.

**Grumpy, duty-bound service is better than nothing,
but it is not God's best way.**