

{ Day 2 }

Then you will know the truth, and the truth will set you free.

—John 8:32

In our verse for today, Jesus tells us that we will know the truth, and the truth will set us free. What truths must we know to be free? First and most important, who is God? What is He like? What kind of personality does He have?

{ PRAYER STARTER }

Lord, I want to be set free by Your truth. I want to become more like You. I want to exhibit the characteristics that I see in Your life. There are characteristics that I recognize in myself that are not like You. Help me to overcome these flaws as Your truth exposes each one and sets me free.

**The way to our emotions
is through our minds.**