

{ Day 114 }

As the deer pants for streams of water, so my soul pants for you, O God. My soul thirsts for God, for the living God. When can I go and meet with God? **—Psalm 42:1-2**

We will never be empowered to walk in purity without the foundation of affection for Jesus. External disciplines and commitments to high standards of holiness without a living devotion for Jesus have little real power or life in them. A person named Jesus—not regulations and rules—guards our souls. As affection for Jesus is increased in our hearts, we find a new empowering to resist temptation. When passion for Jesus is built into your spiritual foundation, it repels the sensual communications that others may send your way. It returns the message, “No, I’m not available.” That strong, clear message rises from within your spirit.

{ PRAYER STARTER }

I thirst after You, dear God. Whatever it takes, whatever I must get rid of, whatever I must grow into, that is all I desire.

**We are filled with such longing for Jesus that we
have greater resolve to repel sensuality and resist
wrong relationships.**