

{ Day 113 }

Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. **—Ephesians 5:25-27**

Just as you or I need a daily physical bath, we also need a daily spiritual bath to remove some of the “grime” and defilement. If the grime is allowed to accumulate, it will lead to spiritual dullness and insensitivity in our spirits. Inner corruption such as anger, slander, impatience, and sensuality grieves the Holy Spirit and makes our spirits insensitive and unable to respond fully to Him. The accumulation of information about the Scriptures and the mental discipline of hours of Bible study will never thoroughly cleanse the inner man in the way that devotional, worshipful meditation upon God’s Word will. When our Bible study leads into personal dialogue with Jesus as we meditate upon His cleansing Word, we also experience growth in spiritual hunger, sensitivity, and nearness to Him.

{ PRAYER STARTER }

Wash me in Your Word, dear Father. Cleanse me of my dull, insensitive spirit. Take the hidden, inner sins from my life as I meditate on Your Word and will for my life.

**When we fix our hearts on the person of Jesus and
dialogue with Him, the Word of God
washes our spirits.**